

Filipino Martial Arts

Digest

Mini Issue



Long Beach Internationals

August 7, 8 & 9, 2009

Convention Center

Long Beach, CA.



Filipino Martial Arts

Publisher

Steven K. Dowd

Contributing Writers

Marc Lawrence

Darren G. Tibon

Contents

From the Publishers Desk

USFMAF & South Bay FMA Club Judging & Referee Workshop

Introduction

Brotherhood at the Long Beach Internationals

Hall of Fame

Eugene Tibon and Darren Tibon

Jonathan M. Bais

Tournament Results

South Bay FMA Club Adventures at Long Beach International

Special Thanks

Filipino Martial Arts Digest is published and distributed by:

FMA Digest

1297 Eider Circle

Fallon, Nevada 89406

Visit us on the World Wide Web: www.fmadigest.com

The FMA Digest is published quarterly. Each issue features practitioners of martial arts and other internal arts of the Philippines. Other features include historical, theoretical and technical articles; reflections, Filipino martial arts, healing arts and other related subjects.

The ideas and opinions expressed in this digest are those of the authors or instructors being interviewed and are not necessarily the views of the publisher or editor.

We solicit comments and/or suggestions. Articles are also welcome.

The authors and publisher of this digest are not responsible for any injury, which may result from following the instructions contained in the digest. Before embarking on any of the physical activities described in the digest, the reader should consult his or her physician for advice regarding their individual suitability for performing such activity.

From the Publishers Desk

Kumusta

I lived in Long Beach, California for a short time in the early 70's and then again in the early 80's while in the Navy delivering fuel, supplies etc, to the nearby islands. Then there was the Pike, Spruce Goose, Queen Mary etc.

Well things change over the years. But one thing that has continued is the Long Beach Internationals, which Grandmaster Ed Parker organized, and even with his passing continues today. And adding to the event is the Filipino martial arts. Both the USFMAF and WEKAF were there this year demonstrating and competing in all areas of the Filipino martial arts.

Also scheduled were seminars by various Grandmasters and Masters of the Filipino martial arts, unfortunately with all or most participants competing in the tournament or cheering on their friends and students, the seminars did not happen. However, the Grandmasters and Masters were their answering questions, and supporting the Filipino martial arts.

The Hall of Fame held Saturday evening was a gala affair with Master Tibon and Grand Maestro Bais receiving awards.

If possible when the Long Beach Internationals are held in 2010, and in the area attend and see competition of the highest caliber.

Maraming Salamat Po

Download and learn a little about the Hall of Fame recipients Master Darren Tibon and Grandmaster Jonathan Bais.



[Download](#)



[Download](#)

USFMAF & South Bay FMA Club Judging & Referee Workshop

By Marc Lawrence

On July 19, 2009 the South Bay Filipino Martial Arts Club, Gardena, CA, sponsored a USFMAF judging and referee workshop for the upcoming Open World Tournament. It is being held at Long Beach International on August 7, 8, & 9, 2009. The clinic was well attended by folks, we had 26 people come and participate. We were planning for maximum of 25! We could not fit any more people in the place. We had all chairs filled and folk in the back and sitting on the floor. It was the biggest event that our little school has ever had there.

This event was supported by other Filipino martial arts schools beside ours, and they were Professor Jesse Dancel's Dalan Ilokano FMA - Banning, Master Mario Gajo's Gajo Martial Arts - San Diego, Khalid Khan's Filipino Eskrima-Hollywood, and Master Darren Tibon's Angels Disciples - Stockton came and supported the event. We showed all of the divisions that USFMAF has to offer with the exception of Double stick. We performed padded stick point padded continuous stick, live stick point, live stick continuous, Chambara/Cultural challenge - AKA mixed weapons sparring, and knife fighting-with kick and punch.

My younger son Matthew and my nephew Gilbert were real troopers and supported by fighting in four different divisions just to show people how each was done. All of my club's fighters worked really hard and show each of different divisions. It was great watching Milo Cudanes and Eric Fodran in the mixed weapon sparring with Eric using a shield and short sword and Milo with Katana. I have to thank all of my students and family who came and worked so hard in the setup, running the event and the cleaning up of the event afterward.



www.southbayfmaclub.com





The Long Beach International Championships is an International Karate and Martial Arts Tournament in Long Beach, California. Known for the famous martial artist Bruce Lee appearing in the 1964 competition at the invitation of Ed Parker, and performed the famous one inch punch and repetitions of one-finger pushups.

Now the Filipino martial arts competition has been added with USFMAF working in conjunction with Steve Cooper.

Brotherhood at the Long Beach Internationals

By Darren G. Tibon

USFMAF and Master Jun Onas WEKAF style tournament were side by side at one of the most prestigious martial arts venues in the world, the Long Beach Internationals. It was one of the greatest coming-together tournaments in the Filipino martial arts that I have experienced and I only look forward to more joined effort Filipino martial arts tournaments for the future. Master Jun's divisions finished off Saturday and USFMAF ran Saturday to 4:00 p.m. The following Sunday was another full day for USFMAF.



USFMAF and WEKAF competition simultaneously



USFMAF and WEKAF conferring on forms competition

Filipino martial arts once again had very large showing, with nine divisions of competition and fighters in every one of them. Athletes had the ability to try out just about any Filipino martial arts weapon divisions that could be offered. Comradery was well spread in this tournament whether competitor, volunteer or spectator. WEKAF and USFMAF judges joined together in the forms divisions.

USFMAF Elite Judges were as follows: Gabriel Asuncion, Jerry Preciado, Chez Tibon, Gelmar Cabales, Wenson Huang, Gordon Brown, Jeff Finder, and Mateo Masellones, and of course all the volunteers that donated their time.



2009 Hall of Fame Awardees



Grandmaster Jonathan Bais, Master Darren Tibon, Shihan Dana Abbott and Great Grandmaster Carlito Lanada

Eugene Tibon and Darren Tibon

I would like to mention once again my selection to this Hall of Fame, thanks to Steve Cooper, Grand Maestro Jon Bais it was a great honor and a wise choice to have chosen him. In support of Grand Maestro Jon Bais Great Grandmaster Carlito Lanada, Grand Maestro Jon Bais' his teacher of Kuntaw was present. It was a great honor to be amongst these great men. Great Grandmaster Lanada and I talked the next day at the tournament and he had expressed his interest to affiliate his Organization of several countries to support USFMAF. I could not be more excited to have this happen on this special weekend of Filipino martial arts. With the support of Great Grandmaster Lanada I could only envision what these next tournaments will be like.

Being inducted into the Masters Hall of Fame and receiving the Lifetime achievement award is one of the highlights of my life and something I will remember always.

With the utmost respect, I honorably thank the CEO and ambassadors of this prestigious Hall of Fame for inducting me. It was great to have my brother Eugene Tibon receiving this great award together with me.



Eugene Tibon and Darren Tibon receiving Lifetime Achievement Award from Masters Hall of Fame



Eugene Tibon, Eric Lee, and Darren Tibon



Eugene Tibon, Don 'The Dragon' Wilson, and Darren Tibon

Grandmasters Jonathan M. Bais



DOD Officer Jonathan M. Bais,
60th SF-Squadron, TAFB (1)

The Pride of DOD - Officer Jonathan M. Bais, of the 60th Security Force Squadron, TAFB was honored and inducted as Martial Arts Grandmaster Hall of Fame "2009" at the Long Beach Convention Center, Long Beach, California USA.

August 08, 2009 - during the 10th year Anniversary of the Master Hall Of Fame and The Academy of Masters recognized the excellence leadership and accomplishment of Grandmaster Jon M. Bais in the field of martial arts. He is proudly inducted as Golden Awardees at the Hall Of Fame.

He is a true leader, who has dedicated his entire life to the martial arts community. He continues his development of personal Mastery in the Filipino martial arts, in knife fighting and disarming, empty hand combat

and sport competition. Grandmaster Jon Bais continues to extend his knowledge to multiple military and law enforcement agencies. Over the years he has served at US Naval Base, Subic Bay as knife combat training instructor with (JEST) Jungle Expert Survival Training during Vietnam War; He was a Naval Cadet Martial Arts Instructor at King Fahh Naval Academy, Naval Tactical Combat Division, augmented with the US Naval Forces for twelve consecutive years. Grand Master Jon Bais is currently engaged part time with SCG-contract with Department of Homeland Security and actively serving full time at Travis Air Forces Base as an DOD Officer. He is schedule to teach the "First to Response - First to Fight" Security enforcement forces team of the 60th Security Force Squadron, at Travis Air Force Base.

In the field of Filipino Martial arts, Grandmaster Jon Bais is known as the protector of heritage and mentor of a legacy. He is humbly sharing the values of his knowledge among other nations and throughout the world to help make our world a safer place. He continues teaching with honor and pride. He is a living legend not only in his accomplishments, but in his ability to promote honesty and integrity in his teachings. He carries on his family legacy of Bais Tres Manos. He is also the ambassador of the Kuntaw Ng Pilipinas, the ancient art of hand and foot fighting of the Philippines. Grandmaster Jon Bais continues to share the knowledge and the abilities passed down from his ancestors and mentors.

Grandmaster Jon Bais hold the ranks of: Grandmaster in Filipino martial arts - Kalis/Silat, 8th Degree Red and White Belt Master in Kuntaw. He serves on the Board of Director of the Word Eskrima Kali Arnis Federation, International Liaison Officer for the United States Filipino Martial Arts Federation and Technical Director of International Kuntaw Federation.



Grandmaster Jon Bais, Hall
of Fame Grandmaster



Second from the left Grandmaster Jon Bais is among the 50 International Grandmaster and Master inductees receiving the Hall of Fame Awards for 2009



Master Jun Paliangayan, Guro Elmer Bais, Grandmaster Jon M. Bais and Grandmaster Carlito A. Lanada Sr.



Grandmaster Jon Bais, Eric Lee, Great Grandmaster Lanada Master Jun Paliangayan, at the back Guro Badong Everett



Grandmaster Jon Bais, Don "Dragon" Wilson, Great Grandmaster Carlito A. Lanada Sr.

Kidd Jason introducing Seniors Self Defense Division. Kidd Jason is a historian and documents the history of martial arts in his television show Southern California Martial Arts talk show which airs throughout Southern, California.



Kidd Jason introducing Senior Self Defense

Tournament Results

August 8 and 9, 2009

Forms Boys/Girls 9-11

Ana Romero
Matthew Lawrence
Eduardo Garcia

1st
2nd
3rd



Forms Womens Intermediate/Advance 18 & Over

Sharon Tanimoto
Mary Chambers

1st
2nd

Forms Mens Beginners 18 & Over

Gary Gabison
Don Dizon
Hubbard Tubay

1st
2nd
3rd

Forms Adults

Gary Gabison
Don Dizon
Hubbard Tubay

1st
2nd
3rd

Padded Point Boys Beginners /Intermediate 9-11

Matthew Lawrence
Gilbert Jose

1st
2nd



Padded Point Boys Advance 14-15

Michael Lawrence
Chris Paliangayan

1st
2nd

Padded Point Mens Beginners Heavy Wt

Vince Lane
Harold Datoon

1st
2nd



Padded Point Mens Advance Middle Wt

Elmer Bais
Mateo Masellones

1st
2nd

Padded Point Mens Beginners Heavy Wt

Vince Lane
Harold Datoon

1st
2nd

Exhibition Padded Point Mens

Gelmar Cabaes
Elmer Bais

1st
1st



Exhibition Live Stick Point Mens Beginners Middle Wt

Shannon Quezada

1st

Wenson Huang

1st



Live Stick Point Mens Beginners Heavy Wt

Justin Ekback

1st

Eric Fodran

2nd

Christopher Montono

3rd

Live Stick Point Mens Advance Middle Wt

Tim Suehiro

1st

Elmer Bais

2nd

Dean Mandapat

3rd

Live Stick Point Mens Advance Heavy Wt

Allen Bais

1st

Brian Everett

2nd

Larry Peralta

3rd

Live Stick Continuous Boys Advance 14-15

Mike Lawrence

1st

Chris Paliangayan

2nd

Live Stick Continuous Mens Beginners Middle Wt

Karl Royer

1st

Shannon Quezada

2nd

Live Stick Continuous Mens Beginners Heavy Wt

Seth Perles

1st

Eric Fodran

2nd

Vince Lane

3rd

Live Stick Continuous Mens Advance Heavy Wt

Elmer Bais

1st

Live Stick Continuous Mens Super Heavy Wt

Brian Everett

1st

Richard Gonzales

2nd

Team Self-Defense - Seniors 59-69

Kidd Jason and Jesse Dancel

1st

Knife Point Boys Begginer Middle Wt

Matthew Lawrence

1st

Gilbert Jose

2nd

Knife Point Mens Beginner Middle Wt

Karl Royer

1st

Boris Fritz

2nd



Knife Point Mens Beginner Heavy Wt

Jayson Manica
Eric Fodran
Milo Cudanes

1st
2nd
3rd

Knife Point Mens Advance Heavy Wt

Elmer Bais
Allen Bais
Brian Everett

1st
2nd
3rd

Cultural Challenge Boys 15-17

Michael Lawrence
Kenneth Wu

1st
2nd

Cultural Challenge Mens Middle Wt

Will Deutschendorf
Elmer Bais

1st
2nd

Cultural Challenge Mens Heavy Wt

Chez Tibon
Don Dizon
Vince Lane

1st
2nd
3rd



Darren Tibon and Cultural Challenge Winner Chez D. Tibon





Master Darren Tibon, Mike Lawrence, Grandmaster Felix Roiles, and Master Marc Lawrence



Master Marc Lawrence, Milo Cudanes, Eric Fodran, Jayson Manica, and Master Darren Tibon



Bais Tres Mano Winners with Master Darren Tibon and Grandmaster Jonathan Bais

South Bay Filipino Martial Arts Club Adventures at Long Beach International

By Marc Lawrence



Darren Tibon, Gilbert, Matt Lawrence and Marc Lawrence

On August 7-9, 2009 was an amazing weekend for Filipino Martial Arts here in South California. The USFMAF (United States Filipino Martial Arts Federation) in Brotherhood with Eskrimadors Academy had two tournaments together side by side.

The form competition was held with joint judging by the two groups. Everybody went to the Long Beach International for the variety of fighting styles and systems. There were two Filipino martial arts tournaments held as part of giant martial arts event in a World Class facility-the Long Beach Convention Center. With Masters of many arts doing seminar upstairs on Friday, Saturday and Sunday while tournaments were happening downstairs.

On Saturday in one ring was the USFMAF with all seven of its divisions and in the next ring was Eskrimadors Academy with WEKAF style it's single and double sticks divisions. The action was great;

fighters could fight either circuit or both. The WEKAF style fighting happened on Saturday only with the USFMAF happening on Saturday and Sunday. There were some great fights that happened that I watched as well as coaching my fighters from our club. This was for many of my fighters their second tournament ever. Some it was their first one!

I have never seen more near knock-outs and with padded weapons no-less!!!! Those new padded sticks by Action Flex Century were really great. Some other team's fighters got hit hard and dropped to one knee and got up shaky. Live-stick was just fierce with some hard core battling happening. My guys really could hit. They were fighting with standard rattan sticks with the skin on not the kiln dried ones.



Gilbert and Matt Lawrence, sparring padded sticks



Mike Cultural Challenge

The Cultural Challenge was really something with strikes from padded weapons so had that they broke shields wood and the fancy foam-rubber types too. I saw some of the non- Filipino martial arts helmets crack and faces masked dented in. It really pays to have good equipment. I was really glad we use quality

equipment. Sundays afternoon wrapped up with great action happening with knife with kick and punch. My fighters were really holding their own against other systems and arts that came to play. We took 1st and second place in the division.

There were vendors (Filipino martial arts included) there of all kinds of Martial Arts equipment. While all of this action was happening, the House of Champions in Van Nuys was hosting the 90th birthday party and seminar for Senior Grandmaster Cacoy Canete, and on Saturday was FCS's Seminar and tournament at the park in Eagle Rock.

Because so much was happening, many groups sent people to as many as they could. Our club's brother group from Lake Elsinor, Pakamut - Riverside area Guro Jason Stanley went to the FCS and fought hard bring back the gold. Our Grandmaster Felix Roiles was able to go on Saturday and support the FCS event with a seminar, and on Sunday the USFMAF event with the same. I felt like a kid in candy store with so much Filipino martial arts happening at once. Our Club was glad to be at Long Beach, were history was made with a Filipino martial arts Open World Tournament. It was the weekend not to stay home but to get out play in the Filipino martial arts.



Matt Lawrence Forms





South Bay Filipino Martial Arts Club

Special Thanks

Special thanks to those who not only offered seminars but also brought their students to compete: Grandmaster Attilo Ating, Grand Maestro Jon Bais, Grandmaster Narrie Babao, Master Gabriel Asuncion, Guro Jeff Finder, Grandmaster Felix Roiles, Guro Jason Cruz, Punong Guro Steven Dowd, Maestro Jose Rogers. I thank all of you for your continued support of the USFMAF.



Grandmaster Jonathan Bais, Grandmaster Narrie Babao, Great Grandmaster Carlito Lanada, and Punong Guro Steven Dowd

Much thanks to USFMAF - RSO Marc Lawrence of Torrance, CA. and his wife Melody and students for their outstanding support. Marc organized the workshops in preparation for the tournament.

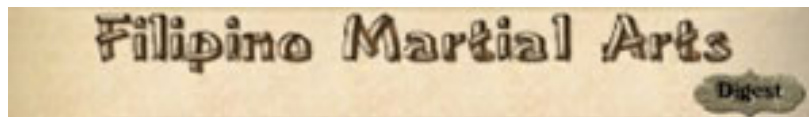
A thank you to Steve Cooper for this great opportunity for Filipino martial arts at your Long Beach Internationals and I hope to have many more in the future.



www.usfmaf.org



Rapid Journal



Filipino Martial Arts Digest

**Register your FMA School
Post your Event**

Advertise with the FMA Digest

An Ad in the Filipino Martial Arts Digest can create Business. Your Advertisement for Filipino martial arts equipment, books, videos etc, can be included in the Filipino Martial Arts digest.

Website Advertisement - Free

Website Application